



# Our Lady of Good Counsel, Karrinyup WA

Printed on: 20 March 2018

Meal Type	Category	Product Name	Price
Lunch	Condiments	Strawberry Yoghurt	\$2.00
		Vanilla Yoghurt	\$2.00
		Yogo Chocolate	\$2.00
	Drinks	Chocolate Milk 300ml	\$2.50
		DAILY BREAKFAST JUICE 500ML	\$3.00
		Daily Fresh Apple and Blackcurrent Juice	\$3.00
		Daily Fresh Juice Orange	\$3.00
		DAILY ORANGE JUICE 500ML	\$3.00
		Plain Milk	\$2.50
		Pure Fresh Bottled Water 600ml	\$2.00
	Hot Food	Lasagne Vegetarian	\$6.00
		Pasta Bolognaise	\$6.00
		Sausage Roll & Sauce	\$3.00
		Soup of the Day (Seasonal)	\$6.00
		Spinach and Ricotta Roll	\$2.60
		Toasted Cheese Sandwich	\$4.00
		Toasted Ham and Cheese Sandwich	\$4.70
		Toasted Ham Cheese & Tomato	\$4.00
		Toasted Ham, Cheese and Tomato Sandwich	\$3.60
	Sandwiches, Rolls and Wraps	Caesar Salad & Wholemeal Roll	\$6.00
		Cheese & Salad Sandwich	\$3.00
		Chicken & Salad Sanwich	\$4.00
		Chicken Roll	\$3.50
		Chicken Strip Sub	\$6.00
		Continental Roll	\$9.00
		Garden Salad & Wholemeal Roll	\$6.00
		Ham & Salad Sandwich	\$4.00
		Ham & Salad Wrap	\$4.00
		Ham Roll	\$3.00
		Ham Sandwich	\$3.00
		Salad Sandwich	\$3.00
		Sushi Chicken	\$4.50
		Vegemite Sandwich	\$3.00
		Snacks	Blue Berry Muffin
	Fruit Salad		\$6.00
	Gluten Free Orange Cake		\$3.00

<b>Lunch</b>	<b>Snacks</b>	Raspberry Muffin	\$3.00
		Smartie Cookie	\$1.20
		Vegemite Scroll	\$2.50
	<b>Staff</b>	Egg & Salad Flatini	\$9.00
	<b>Sushi</b>	Sushi Tuna	\$4.50